

MAINE EAST HIGH SCHOOL

BLUE DEMON MEAL INCLUDES:

1

An ENTREE of the Day

BREAKFAST OPTIONS:

Egg Sandwich · Egg, Cheese & Meat Sandwich

LUNCH OPTIONS:

Hamburger · Cheeseburger · Chicken Sandwich

Spicy Chicken Sandwich · Chicken Tenders · Hot Dog

Dash Sandwich · Dash Wrap · Dash Sub · Entree Salad

Cheese Pizza · Pepperoni Pizza · Deluxe Pizza

Sub Sandwich · Deli Wrap · Deluxe Sandwich · Daily Special



2

A Fresh VEGETABLE

Daily Hot Veggie Side
or Fresh Veggie option



3

A Fresh FRUIT

Choose from a seasonal
selection of fruits



A BEVERAGE

1/2 pt. Milk or
16 oz. Bottled Water



QUESTFOOD
MANAGEMENT SERVICES