

MAINE TOWNSHIP HIGH SCHOOL  
**DISTRICT 207**



**Parent/Guardian Guide  
for the Class of 2027**

MAINE EAST HIGH SCHOOL





## Welcome from Dr. Melissa Pikul

Dear Students, Parents/Guardians and Caregivers,

Welcome to Maine East! We cannot wait to meet the Class of 2027. We value collaboration and communication with families to ensure that our students have a great high school experience. Our mission in District 207 is to get it right for every student. This means that we offer our students tremendous opportunities to explore their interests, their strengths and future career options. Reviewing this guide together is an important first step in preparing for high school.

This booklet includes important details about enrollment, course information, and academic and extracurricular opportunities. Review the information carefully and record important dates so that we can get your student ready to begin their adventure as a Blue Demon!

Maine East is a learning community that embraces the cultures, talents and abilities of our diverse student body. We strive to support a rich sense of belonging for all learners where personal goals can become reality. We look forward to your partnership as we support your child both inside and outside our classrooms.

Sincerely,

Dr. Melissa Pikul, Principal

### KEY DATES

- By January 1, 2023:** Complete enrollment for your child in District 207. Learn more by calling 847-692-8528 or visiting the school website.
- In January of 2023:** Meet with your child's counselor to discuss the course selection process (a student must be enrolled to meet with a counselor).
- In Spring of 2023:** Complete registration. Information will be sent regarding registration to parents who are enrolled for school.

**August 14, 2023:** First day of school for 9th graders.

## CAREER ADVISEMENT

The goal for our nationally-recognized career advisement program is simple: support each of our District 207 students to help “get it right” for them in charting a course for success. Watch our short video about the career advisement journey for a student in District 207 by visiting [bit.ly/207careerjourney](https://bit.ly/207careerjourney) or by scanning this QR code.



The work begins with each incoming 9th grade student through the formation of an Individual Career Plan. This plan helps each student find meaningful career experiences like job shadowing, mentoring, internships and apprenticeships based on research. When students get to experience career fields of interest they will make better informed decisions before spending time and

money going down an education path that is not a match or one that is not recommended by the industry of interest.

Through return on investment counseling and up-to-date data to help best inform students and parents on the full analytic projections of career paths, District 207 is committed to help lower the cost of post-high school education as well as decrease the amount of time spent searching for a good career match and time spent obtaining the needed education. Students who know why they are going to school have a better chance of success.

Parents can learn more about the career advisement program by visiting <https://maine207.org/career-exploration/> or by scanning this QR code.



## CAREER ADVISEMENT FIVE-YEAR PLANNING GUIDE

**8th GRADE**

GOAL | Preparation

### RESOURCES

- School Counselors: Why do I need a school counselor? Registration overview, transition to HS, elective courses, four-year planning
- Career & College Resource Center (CCRC): What is the CCRC? Where is the CCRC? Why do I need it?

### INTEGRATED CAREER SERVICES

- What does Integrated Career Services (ICS) mean?
- What are the tools used for ICS?
- Who are the ICS Staff: School Counselors; Career Coordinators; Post-secondary Counselor; Teachers, Coaches, Club Sponsors

### WORLD-OF-WORK EXPOSURE

- Clubs & Activities: Getting involved in school
- Preparing for your first job

### POST-SECONDARY EDUCATION

- School Counselors: Why do I need a school counselor? Registration overview, transition to HS, elective courses, four-year planning
- Career & College Resource Center (CCRC): Who is the Post-Secondary Counselor?

**FRESHMAN**

GOAL | Self-Exploration

### SCHOOLINKS

- Log into SchoolLinks and create profile.
- Complete Find Your Path and Would You Rather surveys and Game of Life.
- Review survey results with a school counselor and career coordinator.
- Learn about My Plan | My Story.
- Favorite occupations and post-secondary training/education options.
- Review how Maine 207 courses are connected to career pathways.
- Create four-year course selections.
- Set career and academic SMART goals while learning how to connect them to personality, values, interests, abilities, and significant others.

### WORLD-OF-WORK EXPOSURE

- Why do I need a career experience and what is one: Guest speakers, career panels, career treks
- Volunteerism/Community service
- School-sponsored or community-based extracurricular activities

### POST-SECONDARY EDUCATION

- Introduction to Post-secondary section of SchoolLinks and Edmit.
- Consider AP and dual credit courses.
- Introduction to the importance of Return on Investment (ROI) regarding post-secondary choices and industry needs.

**SOPHOMORE**

GOAL | Explore the World-of-Work and Continue Self-Exploration

### SCHOOLINKS

- Update profile
- Retake Find Your Path and Would You Rather surveys.
- Update career goal.
- Set a post-secondary training/education goal.
- Create a resume.
- Set an academic SMART goal.
- Continue to favorite occupations and post-secondary training/education options.
- Review/update course selections.

### WORLD-OF-WORK EXPOSURE

- Career Experiences: Guest speakers, career panels, career treks, job shadow, informational interviews
- Taking classes in your career pathway
- Resume workshop
- Volunteerism, community service, extracurriculars

### POST-SECONDARY EDUCATION

- Revisit Edmit and Post-secondary section of SchoolLinks (SL).
- Consider AP and dual credit courses.
- Continued ROI discussions.

**JUNIOR**

GOAL | Explore the World-of-Work and Continue Self-Exploration

### SCHOOLINKS

- Update profile
- Retake Find Your Path and Would You Rather surveys.
- Update career goal.
- Update post-secondary training/education goal.
- Record volunteer hours.
- Track career experience hours.
- Update resume.
- Post-secondary planning and college/training/employment search learning unit
- Set an academic SMART goal.
- Review/update course selections.

### WORLD-OF-WORK EXPOSURE

- Career Experiences: Guest speakers, career panels, career treks, job shadow, internship pathway
- Introduction to apprenticeships and trade schools
- Part-time employment
- Taking classes in your career pathway
- Complete YouScience core career interest and aptitude assessment.
- Volunteerism, community service, extracurriculars

### POST-SECONDARY EDUCATION

- Advanced Post-secondary SL/Edmit.
- Find colleges/training programs linked to majors/areas of interest.
- Visit colleges/training programs.
- Consider AP and dual credit courses.
- Personalized ROI career advisement.

**SENIOR**

GOAL | Continued Career Exploration & Planning and Post-secondary Education Exploration, Planning & Decision-making

### SCHOOLINKS

- Update profile, career goal, post-secondary training/education goals.
- Record volunteer and career experience hours.
- Update resume.
- Continue to favorite occupations and post-secondary training/education options.
- Continue to record volunteerism and career experiences.

### WORLD-OF-WORK EXPOSURE

- Career experience capstone
- Part-time employment
- Volunteerism, community service, extracurriculars

### POST-SECONDARY EDUCATION

- Post-secondary training/education applications; Common Application
- Apply for financial aid; Scholarship search
- Application essays
- Advanced Post-secondary SL
- Commit to apprenticeship/training program/employment/2-year or 4-year college
- Evaluate and update ROI information to finalize post-secondary plan.



SchoolLinks

Edmit

youscience





# ROADMAP TO ENTERING DISTRICT 207



## 1| ENROLLMENT

Enrollment is completed through an online application link which was emailed to the parent/guardian email address District 207 has on file.

Questions about enrollment, please email [enroll@maine207.org](mailto:enroll@maine207.org) or call 847-220-4202.

## 2| ORIENTATION NIGHT

Parents/guardians should attend 9th Grade Orientation Night at the school your child will attend. Parents/guardians living in the optional attendance areas within District 207 are encouraged to attend both orientation sessions.

**MAINE EAST**  
9th Grade Orientation Night  
December 6, 6-8 p.m.

## 3| MEET YOUR COUNSELOR

A counselor meeting typically occurs before or during January. Only after enrollment is completed can a counselor meeting be scheduled. That meeting starts the process of selecting courses.

## 4| REGISTRATION

Students who are enrolled in District 207 will complete registration in the spring. During registration parents will provide additional information beyond what was shared during enrollment.

Questions about entering District 207, please call:  
Maine East 847-692-8528

## ENROLLMENT

Students are required to be enrolled in District 207 in order to access the course selection meeting with a high school counselor. Parents/guardians should complete enrollment prior to January 1, 2023.

Enrollment is for incoming 9th grade students ONLY and does not require a login or email address at this time. During enrollment you will receive an important application number. It is important to write this number down and keep it for future reference.

A link was sent to all incoming parents on November 2 with directions and more information about enrollment. If you did not receive the enrollment email and need assistance with enrollment, you can email [enroll@maine207.org](mailto:enroll@maine207.org) or text 847-220-4202.

While the deadline is January 1, 2023, parents/guardians are encouraged to complete enrollment as soon as possible. By completing the enrollment process for your child now, District 207 will be able to communicate relevant information regarding

the 2023-24 school year, including important dates, course selection and counselor meetings.

## REGISTRATION

Registration occurs for all students each year in the spring. Students must be registered, and in many cases, prove residency in order to attend classes in District 207.

Please note that registration for the regular school year requires access to the Infinite Campus Parent Portal. If a parent has forgotten their password or doesn't have a verified email address, please utilize the "Forgot Password?" tool on the login page in the Infinite Campus Portal. The page can be found by visiting the District website and selecting "About" then selecting "Infinite Campus" or by scanning this QR code.



If you need additional support with registration contact:

Laura Tortorello  
847-692-8528  
[ltortorello@maine207.org](mailto:ltortorello@maine207.org)



## FEES

Parents/guardians can pay school fees as a part of the registration process in the spring. Parents can also drop off payment at the school or send a check to the school at: 2601 Dempster St., Park Ridge, IL 60068 or call the bookstore at 847-692-8357.

Parents in need of support with fee waivers or reduced price meals may contact the school for more information at 847-692-8509.

## RESIDENCY

District 207 contracts with an outside vendor to verify the residency of all students. The reason District 207 verifies each student's residency is to ensure that we are in compliance with state law and to fulfill our obligation to District 207 taxpayers that we allocate our resources to educate students who are legitimately entitled to attend our schools.

Parents/guardians found to be sending a child to District 207 schools and not living in the school district boundaries will be prosecuted to the full extent of the law.

Parents/guardians who have residency verified through the process will receive a letter stating that information and sharing that no further action is needed. Parents/guardians who receive a letter asking for more information regarding residency will be required to submit all paperwork to the Student and Family Services Office by the deadline indicated in the letter.

If residency changes during the course of the school year, parents/guardians will need to inform the Student and Family Services Department of the change of address.



**MAINE TOWNSHIP HIGH SCHOOL  
FOUNDATION**

The Maine Township High School Foundation supports Maine East, Maine South, Maine West and Frost Academy through many types of educational activities including program grants to faculty at all schools, needs-based grants for students and sponsoring the School Based Health Center.

The Foundation has awarded over 250 grants totaling more than \$250,000 to teachers and students for innovative instructional practices, enhanced classroom experiences, national competition support and rewarding student programs.

Visit the Maine Foundation at:  
[www.mthsfoundation.org](http://www.mthsfoundation.org) or by



scanning this QR code in order to learn more, donate or volunteer.



STUDENT AND FAMILY SERVICES

ASSOCIATE PRINCIPAL FOR STUDENT & FAMILY SERVICES  
Dr. Michael Wartick  
847-692-8529 | mwartick@maine207.org

The Student and Family Services team helps students make decisions and choices that will allow for success in high school and beyond. Student and Family Services works with students, families and staff in supporting students’ academic, social-emotional and career development throughout high school. Student and Family Services implements a range of supports for students and families including monitoring student progress data, social and emotional groups, course selection, career advisement and counseling services in preparation for college and careers.

Parents/guardians are encouraged to contact their child’s school counselor whenever the parent/guardian needs additional information about their child’s progress in school. The counselor has access to many supports to assist parents/guardians and can help make connections with the right individuals in the school when needed. While the Student and Family Services Department anticipates the needs of students, the most effective way for the department to support families is to create an open communication between home and the school.

THE TEAM INCLUDES:

**Counselors** – See back panel for contact information

**Postsecondary Counselor**

Alen Ibrahimovic (aibrahimovic@maine207.org)

**Career Coordinator**

Djuwanna Frazier (dfrazier@maine207.org)

**School Nurse**

Kathy Klein (kklein@maine207.org) or call 847-692-8317

**Psychologists** – See back panel for contact information

**Social Workers** – See back panel for contact info.



Learn more about the services provided to students and families by visiting the Maine East website and selecting “Student and Family Services” from the menu on the left of the page or by scanning this QR code.

EXTRACURRICULAR ACTIVITIES

Maine East offers extensive opportunities beyond the classroom to engage in learning, self-discovery, and the pursuit of personal interests with like-minded peers. The school offers more than 80 clubs, activities and student organizations. Students can participate in clubs based on hobbies, academics, charitable efforts, as well as social and political interests.

Learn more about the clubs, activities and student organizations by visiting the Maine



East website and selecting “Activities” from the menu on the left of the page or by scanning this QR code.

ATHLETICS

Maine East offers more than 25 varsity sports as we look to provide opportunities for all students to participate in athletics if they choose. These teams provide students opportunities to learn skills in teamwork, leadership and sportsmanship.

Athletic teams are organized according to season. Learn more about the athletics by visiting the Maine East website and



selecting “Athletics” from the menu on the left of the page or by scanning this QR code.



HEALTH INFORMATION

All 9th graders entering Maine East High School must have a current physical along with verification of immunizations, as required by state law. The physical examination must have been completed within one year prior to the first day of school. All components of the form including the Health History must be filled out, signed and dated. Please note that a sports physical cannot take the place of the 9th grade required physical.

By May 15th of their 9th grade year, students are required to have a dental exam on file. School dental examinations must have been completed within 18 months prior to the May 15th deadline.

District 207 discourages taking any medications at school. However, if a student must take medication,

including over-the-counter products such as Tylenol, an Authorization and Permission of Medication Form must be completed by both the parent/guardian and the attending physician and on file in the Health Office.

All of the required forms and more information may be found by visiting the Maine East website



and selecting “Student and Family Services” from the menu on the left of the page then selecting “Health Office” or by scanning this QR code.

Forms can be sent to Maine East High School by mail at 2601 Dempster, Park Ridge, 60068; faxed to 847-692-8318; or emailed to eastnurse@maine207.org. If you have questions please contact the Health Office at 847-692-8317.

SCHOOL BASED HEALTH CENTER

The School Based Health Center (SBHC) is available to any student at Maine East, typically at no cost. The SBHC is located at Maine East and is a partnership between Maine Township High School District 207 and Advocate Medical Group, in affiliation with Advocate Lutheran General Hospital. The goal of the SBHC is to improve the physical and emotional health of students attending Maine East, Maine South, Maine West and Frost Academy.

The SBHC is a comprehensive primary care program linked to community-based services. The SBHC is one of many SBHCs across the country. A SBHC provides medical and mental health screenings and treatment for young people who might otherwise not have access to primary care. School-based health centers have proven to be successful vehicles

for addressing the challenges of adolescent health care. They are designed to be accessible, affordable, confidential and teen friendly. More information on school-based health centers can also be found from the School-Based Health Alliance and EverThrive Illinois.

The District 207 SBHC is open Monday through Friday during regular school hours.



Contact the SBHC at 847-825-4059 or set up an appointment by visiting: <https://calendly.com/d207sbhc> or by scanning this QR code.





## GRADUATION REQUIREMENTS

In order to graduate from the Maine Township high schools, students must earn a minimum of 22.75 units of credit. In addition to fulfilling the above requirements, in order to obtain a district diploma, students must take the state mandated high school accountability exam.



More information is available by visiting the district website and selecting "Academics" then "Graduation Requirements" or by scanning this QR code.

## COURSE PLACEMENT AND ELECTIVE COURSE REQUESTS

Incoming 9th graders have options when it comes to course selection for 9th grade. Only enrolled students can set up a meeting with a counselor in order to make course selections. Those meetings typically take place in January prior to school starting in the fall.

The typical 9th grader will take a course in each of the following curricular areas:

ENGLISH

MATH

SCIENCE

HEALTH & WELLNESS

In addition, students have the option to choose to take two courses from among many other curricular areas during 9th grade including but not limited to:

CAREER & TECHNICAL EDUCATION

FINE ARTS

SOCIAL SCIENCE

WORLD LANGUAGES

## CONTACT INFORMATION

### ADMINISTRATION

**Principal**  
Melissa Pikul  
mpikul@maine207.org

**Associate Principal for Human Resources and Instructional Operations**  
Becky Stewart  
rstewart@maine207.org

**Associate Principal for Teaching and Learning**  
Allison Gest  
agest@maine207.org

**Associate Principal for Student Experiences**  
Romelle Taylor Sr.  
rtaylor@maine207.org

**Associate Principal for Student and Family Services**  
Michael Wartick  
mwartick@maine207.org

**Athletic Director**  
Kendall Griffin  
kgriffin1@maine207.org

### SUPPORT TEAM

**Assistant Principal for Student Supports**  
Alana Laury  
alaury@maine207.org

**Counselors**  
Amy Allen  
aallen@maine207.org  
Suzanne Caliendo  
scaliendo@maine207.org

Keleyssa Block (L-Z)  
kblock1@maine207.org

**Psychologist**  
Ed Burda  
eburda@maine207.org

**Social Worker**  
Bill Bautista  
wbautista@maine207.org

### SUPPORT TEAM

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**Psychologist**  
Ruth Shook-Orr  
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**Social Worker**  
Kirsta Cholewa  
kcholewa@maine207.org

### SUPPORT TEAM

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**Psychologist**  
Mallory Barcham  
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**Social Worker**  
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### DEPARTMENT CHAIRS

**Career and Technical Education**  
Sabrina Benjamin  
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**English**  
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**Fine Arts**  
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**Health and Wellness**  
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**Mathematics**  
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**Science**  
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**Social Sciences**  
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**Special Education**  
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**World Languages**  
Sharon Baima  
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