

Introducing our *Weekly Taking Care Health Lecture Series*

At Advocate Lutheran General Hospital and Lutheran General Children's Hospital
Join us for our *Healthy Habits Lecture Series*



January 24, 2012

Healthy Changes for Healthy Families

Judith Gravdal, MD,
Chair of Family Medicine

Class Code: 8G52




All lectures are from 7-8 pm at the West End Grille. Free valet parking and refreshments are provided to attendees. **Space is limited!** Keep informed all year-round about the topics and the physicians participating in the *Taking Care Health Lecture Series*.

Call or visit 1.800.3.ADVOCATE
(1.800.323.8622) advocatehealth.com/luth

Registration | To register for an event, call 1.800.3.ADVOCATE (1.800.323.8622) and mention the class code or go to advocatehealth.com/luth and click on *I need a class* or support group and type the class code in the keyword box.

Coming in February:
Healthy Heart Lecture Series

 Advocate
Lutheran General Hospital
Lutheran General Children's Hospital

Inspiring medicine. Changing lives.